

44 Common Meaning of Dream Symbols

1. **Animals** often represent the part of your psyche that feels connected to nature and survival. Being chased by a predator suggests you're holding back repressed emotions like fear or aggression.
2. **Babies** can symbolize a literal desire to produce offspring or your own vulnerability or need to feel loved. They can also signify a new start. It might be a new idea, a new project at work, new development, or the potential for growth in a specific area of our waking life.
3. **Being chased** is one of the most common dream symbols in all cultures. It means you're feeling threatened, so reflect on who's chasing you (they may be symbolic) and why they're a possible threat in real life. We may not be addressing something in our waking lives that requires our attention.
4. **Being Back at School** often, these dreams are accompanied by anxiety-provoking situations, such as being lost, naked, or unprepared for an exam. As discussed in the entries on those specific dream topics, such dreams could indicate you are feeling vulnerable, exposed or insecure in your current life circumstances. In general, however, dreaming about school is all about your job.
5. **Being Cheated on** should be fairly obvious, that dreaming that your spouse or significant other is cheating on does not necessarily mean that they are two-timing you in real life, but rather, it indicates that you may have some worries about this happening. Fortunately, this is completely normal, according to threat-rehearsal theorist Keith Stevens. It simply reflects our instinctive determination to fend off romantic rivals to keep our mate. According to Loewenberg, you may have such dreams when you feel "cheated" out of quality time with your sweetheart, and you should let the dream be a wake-up call to alert you that you need to spend more time together.
6. **Being Pregnant/Giving Birth** Pregnancy dreams are about creativity; the dreamer has an unacknowledged desire to come up with a new idea, create a piece of art, or embark on a new creative project. Men who dream of being pregnant may be craving the power that women are able to wield by becoming a mother.
7. **Being Lost** You may be especially prone to dreaming about being lost if You are embarking on a new challenge that you feel unprepared for, or are struggling to get accustomed to a situation where the rules are constantly changing. Dreaming that another person is lost could mean that you have unresolved feelings about this person.
8. **Being Late** This kind of dream could show that you are anxious about work, school, an upcoming trip, etc. It may also indicate an inability to make a connection, regret about a missed opportunity, or a need to get your life in order.
9. **Being shot** Taking a more metaphorical approach, dreammoods.com interprets dreams of being shot as symbolizing any sort of confrontation or victimization in your waking life, including self-punishment.
10. **Being trapped** (physically) is a common nightmare theme, reflecting your real-life inability to escape or make the right choice.
11. **Clothes** make a statement about how we want people to perceive us. If your dream symbol is shabby clothing, You may feel unattractive or worn out. Changing what you wear may reflect a lifestyle change.
12. **Crosses** are interpreted subjectively depending on your religious beliefs. Some see it as symbolizing balance, death, or an end to a particular phase of life. The specific circumstances will help define them.

13. **Exams** can signify self-evaluation, with the content of the exam reflecting the part of your personality or life under inspection.
14. **Death** of a friend or loved one represents change (endings and new beginnings) and is not a psychic prediction of any kind. If you are recently bereaved, it may be an attempt to come to terms with the event although death is often perceived as negative, it's often more directly related to dramatic change happening for the dreamer - the end of one thing, in order to make room for something new.
15. **Driving an Out-of-Control Vehicle** You're driving along and realize you are about to hit a car or person ... only to realize that the brakes or steering wheel won't work! Of course, this could also happen in real life, so this type of dream could simply indicate anxiety about such an event occurring, especially if you have been in a car accident before. However, as you might guess, dreaming of not being able to control your vehicle might also mean that you feel out of control in your own life, or that you cannot make consistent progress toward your ambitions.
16. **Falling** is a common dream symbol that relates to our anxieties about letting go, losing control, or somehow failing after a success. Some dreamers report a type of slow falling that indicates serenity and the act of letting go. Often, falling uncontrollably from a great height indicates something in waking our life that feels very much out of control.
17. **Faulty machinery** in dreams is caused by the language center being shut down while asleep, making it difficult to dial a phone, read the time, or search the internet. It can also represent performance anxiety.
18. **Food** is said to symbolize knowledge because it nourishes the body just as information nourishes the brain. However, it could just be food. Food can also be a manifestation of idioms like food for thought," and reveal that we may be "hungry" for new information and insights.
19. **Flying** in a dream, and how effectively or poorly it's done, relates to how much control we feel we have in our lives, and whether we are confident and able to achieve our goals. High flying is one of the most euphoric dreams imaginable while flying or "skimming" low to the ground or being caught in obstacles like power lines can be immensely frustrating.
20. **Demons** are sneaky evil entities that signify repressed emotions. You may secretly feel the need to change your behaviors for the better.
21. **Hair** has significant ties with sexuality, according to Freud. Abundant hair may symbolize virility while cutting off in a dream shows a loss of libido. Hair loss may also express a literal fear of going bald.
22. **Hands** are always present in dreams but when they are tied up, it may represent feelings of futility. Washing Your hands may express guilt.
23. **Houses** can host many common dream symbols, but the building as a whole represents your inner psyche. Each room or floor can symbolize different emotions, memories and interpretations of meaningful events. The basement often represents what has been neglected, or what the dreamer is not aware of in his or her waking life, while bedrooms relate to intimate thoughts and feelings - those closest to the dreamer's core self
24. **Hot and Steamy Dreams** You have emotions and/or sexual urges that you long to express. Dreams give us a forum to express these desires. If you're in a relationship, having a hot and spicy dream about someone other than your partner may indicate that your waking sex life isn't totally fulfilling your needs and that you need to reinvigorate your relationship.
25. **Killing** in your dreams does not make you a closeted murderer; it represents your desire to "kill" part of your own personality. It can also symbolize hostility towards a particular person.

26. **Losing teeth** on a more symbolic level, teeth represent how powerful and confident you feel, according to psychologist and dream interpreter Ian Wallace. Therefore, losing your teeth in a dream could represent/waking-life situation that is eroding your confidence.
27. **Marriage** may be a literal desire to wed or a merging of the feminine and masculine parts of your psyche.
28. **Missing a flight** or any other kind of transport is another common dream, revealing frustration over missing important opportunities in life. It is most common when you are struggling to make a big decision.
29. **Money** can symbolize self-worth. If you dream of exchanging money, it may show that you're anticipating changes in your life.
30. **Mountains** are obstacles, so to dream of successfully climbing a mountain can reveal a true feeling of achievement. Viewing a landscape from atop a mountain can symbolize a life under review without conscious prejudice.
31. **Nudity** is one of the most common dream symbols, revealing your true self to others. You may feel vulnerable and exposed to others. Showing off your nudity may suggest sexual urges or a desire for recognition. Emotional or psychological exposure or vulnerability is very often expressed in dreams through nudity- The part that is exposed can give more insight into the emotion that our dreams are helping us to understand.
32. **Paralysis** unknown to most people, the body is actually encountering a form of paralysis during dreaming. This prevents it from physically performing the actions occurring in their dreams, therefore dreaming about paralysis frequently represents the overlap between the REM stage and waking stage of sleep. Dreaming about paralysis can also indicate that the dreamer feels he or she lacks control in their waking life.
33. **People** (other dream characters) are reflections of your own psyche and may demonstrate specific aspects of your own personality. The people in dreams can relate to characteristics that need to be developed. Specific people directly relate to existing relationships or interpersonal issues we need to work through. Dreaming of a lover, in particular, is frequently symbolic of an aspect of ourselves, from which we feel detached.
34. **Radios and TVs** can symbolize communication channels between conscious and unconscious minds.
35. **Roads** aside from being literal manifestations, convey your direction in life. This may be time to question your current "life path".
36. **Schools** are common dream symbols in children and teenagers but what about dreaming of school in adulthood. It may display a need to know and understand yourself, fueled by life's own lessons, often confronted with a test that they are not prepared to take. This is a great example of a "dream pun" - the mind sings a word or concept and giving it a different definition. The "lesson" or "test" we face inside the school or classroom is frequently one we need to learn from our past -- which is one reason these dreams are often reported by people who have long since finished school.
37. **Sex** dreams can symbolize intimacy and a literal desire for sex. On the other hand, they may demonstrate the unification of unconscious emotions with conscious recognition, showing a new awareness and personal growth. Sex in dreams can simply be an outlet for sexual expression. However, dreams about sex can also symbolize intimate connections with one's self and others, and the figurative integration of new information.
38. **Sex-mates** about someone you are not attracted to - even someone you're related to or someone of a different gender than you are normally attracted to - is unpleasant by design; they are meant to disgust you so that don't pursue such unwise pairings in real

life, similarly, dreams about being raped encourage us to avoid this disturbing and dangerous scenario in real life.

39. **Snakes** could represent a hidden threat, the proverbial “snake in the grass.” A snake shedding its skin could symbolize transformation or renewal, in which case a snake dream could be seen as a positive omen.
40. **Spiders** If the spider is poisonous, this may mean that the dreamer is concerned about some especially venomous, or even deadly force. However, if the dreamer is afraid of spiders in his/her waking life, a dream of spiders has a different meaning: he/she needs to come to terms with and overcome this phobia. According to dreammoods.com, a comprehensive online dream dictionary, dreaming about bugs, in general, can also represent something that is “bugging” or scaring you.
41. **Teachers**, aside from being literal manifestations of people, can represent authority figures with the power to enlighten you.
42. **Teeth** are common dream symbols. Dreaming of losing your teeth may mark a fear of getting old and being unattractive to others
43. **Vehicles** may reflect how much control you feel you have over your life - for instance, is the car out of control, is someone else driving you? Whether a car, airplane, train, or ship, the vehicles in our dream can reflect what direction we feel our life is taking, and how much control we think we have over the path ahead of us. Vehicles can give us the power to make a transition and envision ourselves getting to our destination -- or highlight the obstacles we think we are facing and need to work through.
44. **Water** comes in many forms, symbolizing the unconscious mind. Calm pools of water reflect inner peace while a choppy ocean can suggest unease. Water frequently represents our emotions or our unconscious minds. The quality of the water (clear vs. cloudy; calm vs. turbulent) often provides insight into how effectively we are managing our emotions.

Despite the commonality shared by many dream symbols, it is important to point out that only the dreamer can truly interpret the meaning of their dream and how these symbols and their meanings may connect to the specific events occurring in their waking life.